

# Senior Editors, Autumn 2023

## Moyowa Arenyeka

*Year 4, Medicine, University of Plymouth*

The INSPIRE scheme has given me multiple opportunities to pursue my interest in medical research. Through this scheme, I became a trained peer reviewer, attended taster days, participated in a residential summer school for research and more. These experiences, as well as becoming an editor for this journal, have exposed me to the different facets of research and have reaffirmed my interest in the field.

I am glad to have been given the opportunity to be on the INSPIRE journal's editorial team. It has been a great learning experience, which has broadened my perspective and has built upon my skillset in different ways. Thank you.



## Thomas Butler

*Year 4, Medicine, University of Plymouth*

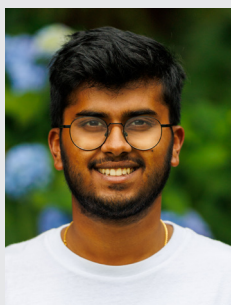
I'm a keen rugby player for our medical school and am interested in anaesthetics. Next year I am looking forward to intercalating in psychology and going on my elective to Sri Lanka. I've really enjoyed not only reading all the articles that have been sent my way as an editor but being involved in the process of refining the excellent work that is submitted to us.



## Sanay Goyal

*Year 4, Medicine, Cardiff University*

Hey, I am a fourth-year medical student with an interest in digital health and medical devices. I am currently intercalating at Imperial College London to further my interests in medical management and working in the digital health industry. I am thrilled to have been on the editorial team for the INSPIRE Student Journal this year. It has been a pleasure to read all the submissions and curate another brilliant edition for our readers. Being a part of the editorial team has provided me with the chance to gain academic skills and appreciate how a medical journal functions which will serve me well in my pursuit of a surgical career. I look forward to reading more of your submissions and helping you publish your research!



## Caroline Gu

*Medicine, University of Exeter*

Hi! I am an Exeter medic currently doing an BSc intercalation on Molecular Biology with Translational Haematology at Imperial College London. I am interested in an academic career in surgery and oncology. Working as an editor for INSPIRE, I'm glad to have the opportunity to read your ideas, interact with exciting fellow students and promote research in healthcare.



## Kelly Jiayi Gu

*Year 2, Medicine, Cardiff University*

I feel very honoured to be able to be part of the INSPIRE team during my first and now second year doing medicine as I had the opportunity to read many insightful articles written by my peers about topics I've never linked together or heard about. The journal is filled with good reads! I'm currently interested in neurology and psychiatry, however, I am still exploring! A doubt I had with choosing medicine was the inability to explore niche biological topics in more depth and to write academically, however INSPIRE has given me the chance to do so as well as the chance to critically appraise other's articles. We hope you enjoy the magazine!



## Meg Ireland

*Year 4, Medicine, University of Bristol*

I spent the last year at the University of Manchester in order to complete an intercalated Masters in Public Health. I am now a research assistant in their Population Health department, working on projects that qualitatively evaluate perceptions of and interactions with existing services and organisations. I am passionate about qualitative research and its ability to uncover the deeper experiences and human stories behind medical conditions, and interactions with healthcare personnel and organisations. My personal interests lie either side of the age spectrum; I care deeply about both dementia care and paediatrics.



This experience has been incredibly enriching, expanding my horizons and teaching me many new skills. I've thoroughly enjoyed every aspect of handling submissions by our talented peers for INSPIRE, and hope that readers find as much delight in reading it as we did in creating it.

## Gayathri Kannan

*Year 3, BDS, Cardiff University*

I have a particular interest in the ever-evolving clinical research world and how it can be incorporated into patient-centered treatment to make life a lot easier for everyone! INSPIRE has helped me hone my critical appraisal skills and has expanded my knowledge of authoring scientific papers, a valuable skill for a profession such as dentistry which involves life-long learning. Aside from INSPIRE, I am involved in DentEazy which is a novel platform aiming to publish free resources for dental students to help them with their education. By being a part of these platforms, I hope to spread the idea of student-led content to others of varying ages, to help young professionals take charge of what they can extract from university life and degrees leading to high levels of self-sufficiency.



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## Nell Marquess

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*Year 4, Medicine, University of Exeter*

Hi! My interests in medicine include women's health, general practice, oncology and medical education. Being part of the INSPIRE editorial team has been incredibly rewarding and it has been great to be able to get to know the other team members. I have loved reading the work of the talented students that have submitted to INSPIRE and I am very proud of the issue we have created! I hope you readers enjoy it just as much as we enjoyed making it.



## Mimi Mostefai

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*Year 5, Medicine, University of Exeter*

Hi! I am currently a final year medical student and I recently completed an intercalated Master's degree in Public Health with a specialism in Global Health. My current clinical medicine and research interests span from general internal medicine, geriatrics and palliative care medicine to global health. Indeed, my Master's degree alongside being an editor of the INSPIRE journal have enabled me to explore fascinating topics outside my interest purview, particularly reinforcing the heterogeneous lenses through which one can consider health and strive to improve it, such as taking a 'One Health' approach. I have thoroughly enjoyed working as part of the INSPIRE team to produce this issue. I feel great pride in it as it is accessible and caters for a diverse audience. I hope that you, as readers, can really immerse yourselves in our great reads produced by myriad talented peers (authors and artists) across the UK.



## Ethan Randall

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*Year 5, BDS, University of Bristol*

I initially got into research through a paper that me and a fellow student wrote during our elective project in 2022. Since then I have been involved with INSPIRE and enjoyed helping other students work on and finalise their own work for the journal. It is a unique and rewarding experience to be a part of a student research journal and one that has taught me a great deal at the same time.

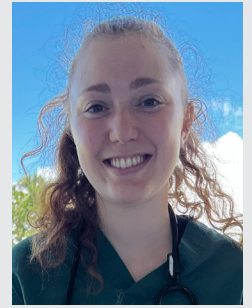


## Phoebe Sussman

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*Intercalation onto MSc in Global Wildlife Health and Conservation, Veterinary Sciences, University of Bristol*

Hi, I'm Phoebe, I'm a veterinary student from the University of Bristol, currently taking an intercalation year to study for a Masters in Global Wildlife Health and Conservation. I have a strong interest in the sustainable use of veterinary medicines, antimicrobial and anthelmintic resistance. This past summer, I carried out a research project working with World Horse Welfare to investigate anthelmintic resistance within working equid populations in Panama. This project really piqued my interest in rural agricultural communities and their access to veterinary care as well as the control of veterinary medicines in different countries. I am also very interested in zoonotic disease and One Health, and I hope to focus my masters project on the impacts of environmental health on the health of wildlife populations and hence the disease risk of communities living adjacent to wildlife. It will be crucial for veterinarians, medics and dentists to work together to begin to tackle some of the large problems affecting humans and animals. Journals such as INSPIRE provides such an incredible platform for vets medics and dentists to come together, and I am very grateful to have been a part of this process and act as an editor.



## Amirali Ziaebrahimi

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*Year 2, BDS, University of Plymouth*

Hi. Beyond my studies, I serve as an editor at this INSPIRE student journal and hold the position of President at Dentsoc, where I foster a sense of community among dental students.

My primary passion is dental public health, with a focus on policy design and implementation. I'm dedicated to researching and improving oral healthcare strategies and policies. Additionally, I have a keen interest in dental technologies, recognising their potential to enhance patient care and treatment outcomes.

In both academics and extracurricular activities, I strive to make a positive impact in dentistry. My goal is to grow as a student, researcher, and leader, advancing the dental profession, promoting oral health, and harnessing the potential of dental technologies to benefit patients and practitioners.

