

Senior Editors, Winter 2022

Anoushka Agarwal

University of Bristol

Hi, my name is Anoushka Agarwal, and I am a third-year veterinary student. Alongside my passion towards the veterinary profession, I took a keen interest in working as an editor with the INSPIRE Student Journal earlier this summer. For me, this paves way for the increased dissemination of veterinary-related knowledge across readers and creates opportunities for collaboration across various medical domains that work cohesively to add to an ever-expanding body of knowledge.



Ernestine Ago

University of Exeter

Hi everyone, I'm Ernestine a fifth-year medical student at the University of Exeter. Having graduated with a bachelor's degree in Medical Science, I've always had a keen interest in research. Over my time in medical school, I have been involved in the INSPIRE program in various ways, taking part in the summer research scheme in my first year and then been a peer reviewer in my third year. I have really enjoyed my time taking part in the INSPIRE program and have loved the opportunity to be a senior editor. I especially enjoyed taking part in the behind the scenes work that makes the journal possible, particularly encouraging student involvement in research and helping build links between researchers and students. I believe that research is an important aspect of medical education and from my experience taking part in various research projects, I know there is a vast amount of learning and experience to be had through taking part in research as a medical student. INSPIRE's place as a journal for students by students is something that I feel is important and I'm glad I've had the opportunity to be involved.



Humaira Ahmed

University of Plymouth

Hi, my name is Humaira Ahmed. I am a third-year medical student, and a BSc (Hons) Biomedical Science graduate. I have a passion for medical microbiology having completed a research placement and thesis in hospital infection control research. Infection control is a huge part of clinical practice within a hospital which is closely associated with my aspiration to pursue a career in medicine. I am currently interested in neuropsychiatry and surgery. Recently, I published a collaborative paper with Dr Tina Joshi and Adventist Health Hospital, California, USA. This paper investigated the isolation of *Clostridioides difficile* bacteria from single-use hospital gowns.

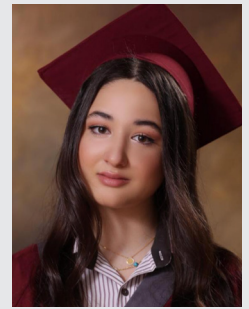


As a senior editor for the INSPIRE journal, I hope to encourage others to get involved in medical research. This student journal provides amazing opportunities that I would advise others to get involved with.

Zaina Aloul

Cardiff University

Hi everyone, I'm Zaina, a fourth-year medical student at Cardiff University. I'm thrilled to be part of this year's INSPIRE Student Journal editorial team, to work along my colleagues to publish a Autumn and Winter 2022 issue. I first got involved with academic research by being a peer reviewer for INSPIRE in 2021. After peer reviewing numerous papers written by students on a variety of medical topics, I become fond of academic research and writing. My interests are surgery, cardiology neurology, and genetics! Outside of medicine, I enjoy going on outdoor hikes, and hope to complete the three peak mountain challenges before I graduate. I look forward to reading your papers and helping you publish your research!



Elizabeth Brennan

University of Bristol

I am a third-year medical student at the University of Bristol. I have thoroughly enjoyed being a part of the INSPIRE team as a senior editor. It has allowed me to explore my interest in research and develop greater insight into the field. I have learnt how a journal is run, the importance of timely and effective communication within a team and the roles and responsibilities of an editor. I am particularly interested in global health, surgery and human factors application in medicine.



Joshua Erabor

University of Exeter

Hi, my name is Joshua Erabor, and I am a final year medical student with an interest in research education. My time with INSPIRE has been amazing so far and I've learnt so much about the publication process! I enjoy neurosurgery and hope to specialise in that field.



Frances Andrea Eslabra

University of Exeter

Hi, my name is Frances Eslabra. I have just finished my fourth year studying medicine at Exeter University and am now intercalating in a masters in Health Data Science. I am particularly interested in how data analysis can inform clinical decision making and improve patient outcomes for the future — it's such an exciting field with so much potential! I aspire to become a surgeon someday, with my preferred field being neurosurgery, but I also really enjoy learning about plastics and orthopaedics. Being an editor for the INSPIRE journal is such a rewarding experience, with my favourite part being reading all the original articles my peers have submitted.



Senior Editors, Winter 2022

Liam Fletcher

University of Bristol

Hi! My name is Liam and I'm a fifth-year dental student at Bristol. My first exposure to research was during a Nuffield placement I undertook where I got to work with leading academics investigating the role of ALCAM in the HGF signalling pathway in breast and prostate cancers. Since then, my passion for research has grown, leading to my role as editor of this year's INSPIRE Journal. INSPIRE is such a good initiative that gives students the platform to engage in research, the publication process and more and I am very excited to be a part of it this year. My interests lie on the interface of where medicine meets dentistry, and I look forward to reading the work fellow students submit! My interests outside of my BDS include running, football and, currently, Wordle!



Genevieve Lawrence

Cardiff University

Hi! I'm Genevieve and I am currently in my final year of medicine at Cardiff University, having intercalated in Emergency, Prehospital and Immediate Care last year. My intercalated research project was centred on medication safety incidents in the Emergency Department and how they arise. It's exciting to see how research has led to changes in how we practice medicine, even within the short time we have been at university, and this one of the main reasons why I wanted to join INSPIRE!



I'm particularly interested in research in the acute medical setting, such as emergency and prehospital medicine, anaesthesia, and acute medicine. Through INSPIRE, I hope to learn about a wide range of topics in medicine, dentistry and veterinary medicine from the students that are passionate about them. Outside of medicine I love to make pasta, learn languages and go to dance classes. I'm looking forward to seeing the submissions and this year's editions!

Tomas Nicholas

University of Plymouth

Hi, my name is Tomas, and I am an intercalating dental student at the University of Plymouth. I have had a long-standing interest in research, especially relating to oral/systemic links. This recently led me to undertake a research studentship investigating the effects of a novel mouthwash on microcirculation. I also have an interest in medical/dental education, previously acting as the academic secretary for my dental society where I delivered revision sessions! I hope other students feel encouraged by the journal, especially dental students, to get more involved and familiar with research, academic writing and the peer reviewing process. Outside of academics, I enjoy spending my time by the sea, listening to electronic music, and exploring Devon and Cornwall with my friends.



Medha Raketla

Cardiff University

Hello, I'm Medha and I'm a second-year medical student at Cardiff University. My initial experiences with research involved writing literature reviews and gaining insight into laboratory research through INSPIRE's taster days. I am very keen to widen access to research experiences for undergraduates, and I believe INSPIRE provides multiple such opportunities. Being involved at INSPIRE has led me to realise the importance of clinical research in medicine, and I hope through my role as member of the editorial board I can convey the appeal of research to other like-minded students! Outside of academics, I enjoy running and writing :)



Sofia Rosca-Velea

University of Bristol

Hi! I'm Sofia and I am a second-year medical student at Bristol and have had the pleasure of being an Associate Editor at INSPIRE for the past year. I won 'the EPQ with the longest title' award with: "A Comparison Between Exon Skipping and Utrophin Upregulation for the Treatment of Duchenne Muscular Dystrophy" – the project also being my first introduction to research in the medical sector. I loved it, and particularly loved the joy of writing research so that it can be enjoyed by everyone. One of the core principles of INSPIRE is that the journal is by students, for students, and I feel very privileged to be involved for that reason. Knowledge should be selflessly shared. Art, medicine, and the art of medicine are also very important to me, so look out for the art feature in the journal!



Victoria Vincent

University of Plymouth

Hi! My name is Vicky and I'm a fourth-year medical student at Plymouth. Research and quality improvement is so important to allow for the progression of healthcare services. I first got involved with INSPIRE when I submitted a paper on the management of rhegmatogenous retinal detachment. This gave me a flavour for research, but also allowed me to gain an interest on how we could improve the current healthcare setting. I am now extremely passionate about quality improvement, carrying out several audits. My current interests in medicine include maxillofacial surgery and orthopaedics. I am very excited to read the submissions to the upcoming journals and encourage everyone to partake in the submission and publication process.

